

LUNCH SERVED

MON - SAT 9AM - 4.30PM

GOURMET SANDWICH & SALAD BAR

DESIGN YOUR OWN SANDWICH OR SALAD

HOMEMADE SOUP €4.10

Served with Soda Bread or Baked Roll.
(1,6,8,13)

DELI CLUB SANDWICH €8.30

Toasted Triple Decker filled with Roast Chicken, Lettuce, Tomato, Cheese Grilled, Bacon & Mayo. (1,6,8,10,11,13,14)

TUNA MELT €6.20

Toasted Homemade Brown Bread topped with Tuna Mayo & melted Cheddar Cheese. Served with Prince Coleslaw. (1,6,8,10,13,14)

LARGE SALAD PLATE €8.30

Choice of 5 Salads and your choice of one Meat or Fish. Served with our Homemade Brown Bread. (1,2,3,4,5,6,7,8,9,10,11,13,14)

TOASTED SANDWICH €4.70

Choice of Ham, Cheese, Tomato & Onion on Brown or White Bread. (1,6,8,10,13,14)

TOASTED WRAP €6.20

Toasted wrap stuffed with Cheddar Cheese, Red Onion & your choice of Roast Chicken, Ham, Tuna, Bacon or Cajun Chicken. (1,3,6,8,10,11,13,14)

OPEN SANDWICH €5.70

Liz's Brown Bread topped with one Meat or Fish and your choice of 2 Salads. (1,2,3,4,5,6,7,8,9,10,11,13,14)

SMALL SALAD PLATE €6.20

Choice of 3 salads and your choice of one Meat or Fish. Served with our Homemade Brown Bread. (1,2,3,4,5,6,7,8,9,10,11,13,14)

TOASTED PANINI €6.80

Panini Bread stuffed with Cheddar Cheese, Spring Onion & a choice of the following: Roast Chicken, Ham, Tuna, Cajun Chicken. (1,3,6,8,10,11,13,14)

TOASTED BLT €6.50

Floured White Bap with Back Bacon, Lettuce, Tomato finished with Mayo. (1,6,8,10,11,13,14)

ADD CHIPS TO ANY SANDWICH FOR €2.00 EXTRA.
MAKE IT A SAMBO & SOUP COMBO FOR €2.00 EXTRA.

A FULL FRESH DAILY SELECTION OF ALL OUR SALADS AND FILLINGS ARE AVAILABLE AT THE SANDWICH BAR.

GLUTEN FREE SANDWICHES/WRAPPS AVAILABLE
JUST ASK YOUR SERVER.

FRESHLY MADE SANDWICHES & ROLLS ALSO
AVAILABLE TO TAKE AWAY.

CHECK OUT OUR DAILY CARVERY SPECIALS FROM
MIDDAY - 3.00PM MONDAY - FRIDAY
MIDDAY - 4.00PM SATURDAY - SUNDAY

Allergen Number Guide

1 = Gluten 2 = Crustaceans 3 = Fish 4 = Peanuts 5 = Tree Nut 6 = Dairy 7 = Molluscs 8 = Soya 9 = Sesame Seeds 10 = Eggs 11 = Sulphites 12 = Lupin 13 = Celery 14 = Mustard

